



mary's meals

a simple solution to world hunger

Telling Grace's story

Write a story about Grace getting her school meal for the first time. To help with your story, you could think about how Grace felt before Mary's Meals arrived, then how she felt when she heard her school was getting Mary's Meals. Don't forget to include illustrations!



ary's Meals: Amazin	g Grace Activity Pack		marysmeals.org

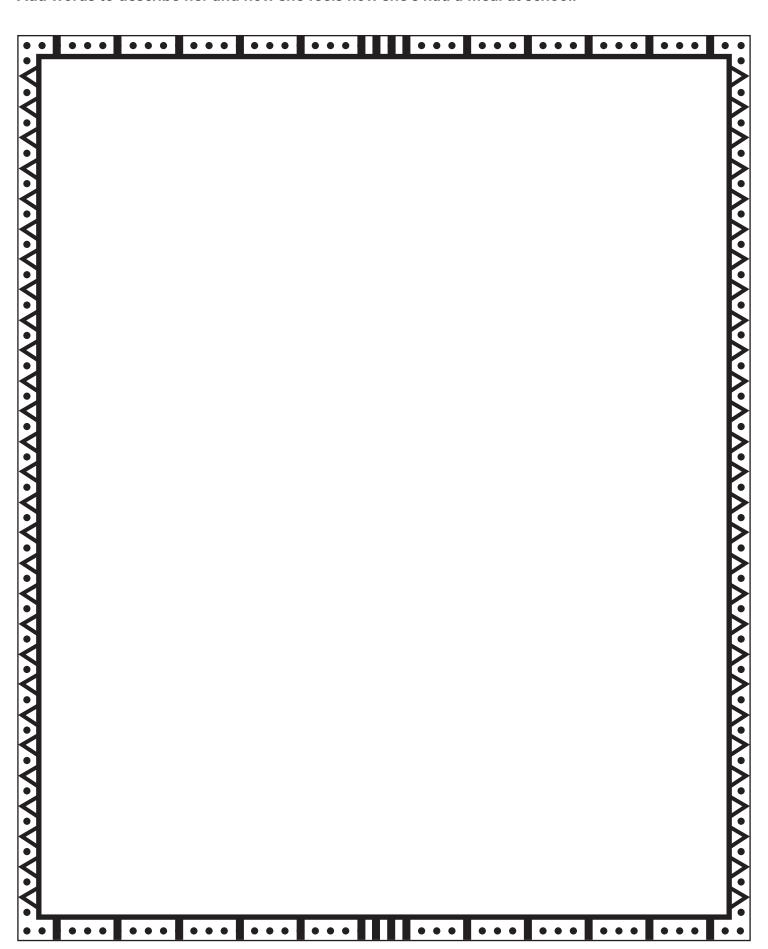
Telling Grace's story

Think about the next part of Grace's story. How do you think she feels about school now and what might she like to do when she grows up?



Draw a picture of Grace

In Malawi, the national dress is called a chitenje (said "chi-ten-jay"). Chitenjes are brightly coloured. Can you draw Grace with a dress and head scarf and colour them in to make them very eye-catching? Add words to describe her and how she feels now she's had a meal at school.



It's a numbers game

There are lots of statistics mentioned in Amazing Grace. Can you remember all the numbers?

- There are _____ hungry children in the world today.
- There are _____ children out of school across the world.
- Mary's Meals provides children with

 daily nutritious meal(s) in a place of education.
- Mary's Meals goes directly on charitable activities.

It's a numbers game

There are lots of statistics mentioned in Amazing Grace. Can you remember all the numbers?

- How many hungry children are there in the world today?
 - a) 100 million b) 200 million c) 300 million
- How many children are out of school across the world to the nearest million?
 - a) 15 million b) 60 million c) 80 million
- How many nutritious meals does Mary's Meals provide children with each day in school?
 - a) 1 b) 2 c) 3
- What percentage of donations to Mary's Meals goes directly on charitable activities?
 - a) 51% b) 75% c) 93%

Let's talk about it...

Working together as a class or in smaller



Let's talk about it...

Working together as a class or in smaller groups, talk about the following questions:



How do y	you feel wh	en you're	hungry?		
What cou	uld you do a	as a class	or school		
	ungry child				

Are you in?

We would love everyone to hear about Grace and how just a little act of love on our part can mean a big change to a child's life.

If you would like to raise funds to help children like Grace please get in touch with info@marysmeals.org or visit marysmeals.org.uk for fundraising ideas and resources.

You could also donate backpacks and fill them with the things children like Grace need to help them study. Find out more about our Backpack Project here: marysmeals.org.uk/backpack

You are such an important part of making child hunger a thing of the past. Thank you!

Visit marysmeals.org.uk for more information, fundraising ideas and resources.



Amazing Grace video transcript

Are you hungry? Really hungry? No... really hungry?

Did you know there are still kids in the world who are so poor they haven't eaten in days?

In fact, there are 300 million chronically hungry children in the world.

Grace is just one of them. Grace is 10 years old. She lives in Malawi. Grace is an orphan and has lots of brothers and sisters to look after. There isn't enough food for them so Grace works, begs or forages just so they can survive. This means Grace can't go to school. She will never learn to read or write. When she grows up, if she grows up, she can't earn a living and if Grace has children, they will be born into the same poverty as she was.

61 million children are out of school. 8,000 children die every day from hunger-related causes. In a world that grows enough food for everyone this is not right,

Something must be done. Something can be done. Mary's Meals is a simple solution. We provide one daily meal in a place of learning. This meal attracts children to school for the first time and the children can concentrate in class. Education gives children the best hope of a future free from poverty. With Mary's Meals, Grace's story looks very different.

Grace gets a nutritious meal and learns lots. Grace's education doesn't just benefit her, it helps her whole community.

Education:

- Encourages good government
- Raises crop yields
- Promotes gender equality
- Fosters peace
- Tackles corruption
- Boosts economic growth
- Reduces poverty
- Improves health
- ... and saves children's lives.

So, when Grace has children of her own, they have a better start than she did.

Mary's Meals feeds hundreds of thousands of children every school day. At least 93% of donations goes directly on our charitable activities. We rely on an army of volunteers. Mary's Meals is lots of people all around the world walking together. Mary's Meals is lots of little acts of love. We can feed the next child with your help because there are many more waiting behind Grace in the queue. And when kids aren't hungry, they look like this....

We think that's pretty great don't you?

Mary's Meals: A simple idea, bringing hope to a hungry world. Are you in?

Answers to questions on pages 5 and 6

1) 300 million **2)** 61 million **3)** 1 **4)** 93%



To find out more

Visit: marysmeals.org.uk

Email: info@marysmeals.org

Call: **0800 698 1212**